

**Dr. Rene Alvarez**  
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**Peninsula Surgery & Aesthetics**

**PATIENT HEALTH HISTORY**

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Primary care physician: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Did anyone refer you to our office or how did you find us? \_\_\_\_\_

Why are you seeing us today? \_\_\_\_\_

**Surgical History** (please circle any surgeries you have had and indicate when):

Gallbladder	Plastic Surgery	Thyroid	Knee/hip replacement
Hernia	Hysterectomy	Heart Surgery	Back Surgery
Colon	Caesarean Section	EGD	Colonoscopy
Appendectomy	Prostate	Breast	Colostomy/Ileostomy

Other Operations (please list type): \_\_\_\_\_

Was there bleeding or anesthetic complications with any of your operations or procedures? Yes/No

If yes, please explain: \_\_\_\_\_

**Past or present medical problems** (circle any problems you have or had):

Diabetes	Anemia	Irregular heart rate	Irritable Bowel Syndrome
Fibromyalgia	HIV/AIDS	Stroke	Hemorrhoids
Seizures	Hepatitis (A,B,C)	High blood pressure	Ulcers
Tuberculosis	Jaundice	Heart condition	GERD
Pneumonia	Skin Condition	Heart attack	Goiter
Emphysema	Depression	High cholesterol	Head Injury
Asthma	Melanoma	Obstructive Sleep Apnea	

Cancer (where/ when?): \_\_\_\_\_

Other medical conditions: \_\_\_\_\_

**Family history** (are there any conditions that run in your family? Please list who and what type of illness.)

\_\_\_\_\_

\_\_\_\_\_

**Medications:**

**Dosage (mg/strength):**

**Number of times per day:**

Medications:	Dosage (mg/strength):	Number of times per day:

**Medical Allergies** (please include reaction): \_\_\_\_\_

\_\_\_\_\_

Are you sensitive to latex?      Yes/No      Are you allergic to Iodine:      Yes/No

**Social history:**

Marital Status: S M D Widow(er) Partner's Name \_\_\_\_\_ Contact number \_\_\_\_\_

How many children \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Do you smoke? Yes/No      Packs per day \_\_\_\_\_      How many years? \_\_\_\_\_      Quit (how long ago?) \_\_\_\_\_

Do you drink alcohol Yes/No      If yes, how much? Daily/Weekly/Monthly/Rarely      Type \_\_\_\_\_

**Review of Systems**

Do you NOW HAVE or HAVE YOU HAD any problems related to the following body systems?

Please circle YES or No and explain any yes answers in the space provided.

<b>General Symptoms</b> Fever                    Yes No Chills                    Yes No Weight Loss            Yes No		<b>Skin</b> Changing moles        Yes No Rash                      Yes No Boils                      Yes No Itching                    Yes No	
<b>Vision</b> Blurring                Yes No Doubling                Yes No Blindness                Yes No		<b>Musculoskeletal</b> Joint pain                Yes No Neck pain                Yes No Back pain                Yes No	
<b>Allergy</b> Hay Fever                Yes No Drug Allergy            Yes No Other                      Yes No		<b>Ear/Nose/Throat</b> Infection                Yes No Sinus problems        Yes No Snoring                    Yes No	
<b>Neurologic</b> Tremors                 Yes No Dizziness                Yes No Numbness                Yes No Stroke                    Yes No TIA                        Yes No		<b>Urinary</b> Incontinence            Yes No Painful                    Yes No Frequency                Yes No Difficulty                Yes No	
<b>Gastrointestinal</b> Difficulty swallowing Yes No Abdomen pain            Yes No Nausea                    Yes No Vomiting                 Yes No Heartburn                Yes No Appetite loss            Yes No Bloody stools            Yes No		<b>Respiratory</b> Wheezing                Yes No Persistent cough        Yes No Short of breath         Yes No Wind easily              Yes No	
<b>Heart</b> Chest pain                Yes No Heart attack             Yes No Palpitations             Yes No Passing out                Yes No		<b>Blood</b> Easily bruise            Yes No Bleeding                 Yes No Blood clots              Yes No Swollen glands         Yes No	
<b>Psychological</b> Are you satisfied with life?                    Yes No Are you depressed?                                Yes No Have you ever been suicidal?                    Yes No	<b>Can you climb two flights of stairs without stopping?</b> Yes No		
<b>Physician use: (comments/notes)</b>     			